

DAY	BREAKFAST	LUNCH
1	Idli Sambar , Chutney , Fresh Lime juice (Salted / Sugar) , Tea and Coffee	Suji ka Halwa, Puri,Punchkuti Sabji, Jeera Rice, Green Salad and butter milk
2	Batata Pauvaa , Bourn vita Milk , Tea and Coffee	Roti,Salad(Cabbage,carrot, Cucumber),Mag Sabji, dal , rice and butter milk
3	Dal- Vada , Bourn vita Milk , Tea and Coffee	Roti, Matar Paneer, Dal fry , Jeera –rice, Masala peanut, Mango Pickles and Butter milk
4	Bhel , Fresh Orange Juice , Tea And Coffee	Roti, Kindara Batata, Choli Sabji, Dal- Rice, Green Salad and Butter Milk
5	Idada, Fresh Lime Juice (Salted / Sugar) ,Tea and Coffee	Roti, Mixed- Vegetables, Tadka –dal , Fryums, Salad and Butter Milk
6	Pav- Bhaji , Green Salad , Butter milk, Papad, Tea and Coffee	
7	SUNDAY	
8	Veg- Puff with Ketchup , Bourn vita , Tea And Coffee	Roti, Kadhi- Pulao, Ladyfinger Masala Fry, Moong –dal, Salad and Butter milk
9	Dahi Vada , Fresh Lemon Juice , Tea and Coffee	Roti, Paneer sweet corn masala, Red Kidney Beans curry, Rice , Salad and Butter milk
10	Methi Bhajiya (Pokada) with Ketchup , Tea and Coffee	Roti, Sev-tamatar, Desi- Chana, Dal-rice, Salad and butter milk
11	Dhokla , Chutney , Rasna Juice , Bourn vita , Tea Coffee	Fresh mango juice, Puri, Potatoes Curry, dal, rice, Pickles and butter milk
12	Veg- Maggie, Bourn vita Milk , Tea And Coffee	Roti, baingan- batata, Chana –dal, Green Peas Curry, dal-rice ,Salad and butter milk
13	Chole bhature, Puri, Mixed Salad,Butter milk,Fryums , Tea and Coffee	
14	SUNDAY	
15	Nylon Khaman, Kadhi, fresh Lime water , Tea and coffee	Roti-dahi-batata, Chana-dal, dal-rice, salad and butter milk
16	Dabeli, Chutney ,Bourn vita Milk , Tea and Coffee	Mixed-fruit Salad, Puri, Paneer chili, Dal-fry, jeera –rice and salad
17	Upma, Milk, Kellogg's corn flakes, tea and Coffee	Roti, Pulao- batata, Chola, dal-rice, Salad and Butter Milk
18	Bread-Butter/ Bread- Chocolate, green Chutney ,Bourn vita ,Tea and Coffee	Roti, Parval Bataka, Peas curry, dal-rice, Green Salad and butter milk
19	Sprouted bhel, Tea and Coffee	Roti, Paneer-Bhurji,mirdal tadka, Salad, rice ,pickles and butter milk
20	Masala Khichdi, kadhi, Salad, papad , butter milk, Tea and Coffee	
21	SUNDAY	
22	Veg- Puff with Ketchup , Bourn vita , Tea And Coffee	Roti, Carrot, dal-rice, salad and butter milk
23	Veg- Noodles , Fresh Lemon Juice , Tea and Coffee	Masala puri, sukhi bhaji, dal-rice, mixed salad and butter milk
24	Upma, Milk, Kellogg's corn flakes, tea and Coffee	Roti, Matar Paneer, Dal fry , Jeera –rice, Masala peanut, Mango Pickles and Butter milk
25	Nylon Khaman, Kadhi, fresh Lime water , Tea and coffee	Roti, Kadhi- Pulao, Ladyfinger Masala Fry, Moong –dal, Salad and Butter milk
26	Vada pavi, Chutney ,Bourn vita Milk , Tea and Coffee	Roti-dahi-batata, Chana-dal, dal-rice, salad and butter milk
27	Aloo Sabji, Puri , Salad ,Butter Milk, Papad, Tea and Coffee	
28	SUNDAY	
29	Dal- Vada , Bourn vita Milk , Tea and Coffee	Masala puri, sukhi bhaji, dal-rice, mixed salad and butter milk
30	Bhel , Fresh Orange Juice , Tea And Coffee	Fresh mango juice, Puri, Potatoes Curry, dal, rice, Pickles and butter milk
31	Methi Bhajiya (Pokada) with Ketchup , Tea and Coffee	Roti, Paneer-Bhurji,mirdal tadka, Salad, rice ,pickles and butter milk